



Clean Your Air Naturally with Houseplants

Houseplants are not only a beautiful addition to a room, they can clean the air you breathe. In addition to absorbing carbon dioxide and releasing oxygen into the air, plants remove indoor pollutants such as benzene, formaldehyde and trichloroethylene. These pollutants are commonly found in detergents, carpeting, furniture and paints.

According to NASA research, houseplants have the ability to remove up to 87% of indoor air pollutants. Adding one air-filtering plant per 100 square feet throughout your home or office space can make a significant difference to your air quality.

Here are the top ten houseplants that filter the air:

- Dracaenas (Marginata, Massangeana, Janet Craig, Warnecki)
- Spider Plants (Chlorophytum)
- Bamboo Palm (Chamaedora)
- Philodendron
- English Ivy (Hedera Helix)
- Spathiphyllum (Peace Lily)
- Gerbera Daisy
- Chrysanthemum
- Pothos (Scindapsus)
- Chinese Evergreen (Aglaonema)

Houseplants are beautiful and low maintenance way to purify the air you breath. For more air-filtering plants, look for our earth-friendly logo on signs throughout our Greenhouse.